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Engagement Sessions: All You Need to Know



How We Do This

Season First! If your wedding date is a year away, you can pick any season. If your wedding is months away, we'll be limited in season choice.

Location Next! If it's warm(ish), we can go basically anywhere. If it's winter, I highly recommend an urban area like Boston where greenery won't really matter.

Personalize Your Location - Do you guys have a special place that's important to your relationship? Or maybe a place that fits within your wedding theme? If not, no worries - I can find us a great spot.

Scroll down to learn about What to Wear for your session...







What to Wear

Please don't wear uniforms. Pick two appealing color combinations per person. Here are some general rules and warnings of certain colors and patterns:

- 1. Horizontal (side to side) stripes add perceived weight, vertical (up and down) stripes add a slimming perception.
- 2. Darker colors add a slimming effect, brighter colors add perceived weight. But you're not Johnny Cash, so please don't wear all black. Cool?
- **3.** Bright patterns like florals or large polka dots are distracting from expressions and emotions - and add perceived weight. Small polka dots are alright.
- **4.** In the same vein as #2, stay away from neon colors and bold colors such as fire engine red, bright pink, bright yellow, etc.
- **5.** Dress in layers. We'll be in public, so outfit changes are very difficult. It's easier to take layers off or add layers to get different looks.
- **6.** If it's cold out, bring a coat You can wear your coat between photos. I'll pose you in your coat so you know what to do, then I take your coats, shoot, and return them to you. Don't suffer if you don't have to:)







